

Focus

*Issue 2
September 2014*



Message from the Chair

Welcome to our second edition of *Focus* magazine.

It's our 20th year as a registered charity and I am pleased to say that MACS has had a fantastic year so far. Kaja Kosla and Charlotte Tobin joined us as event fundraisers in January and got straight to work supporting our participants in the Virgin Money London Marathon, Brighton Marathon and Prudential Ride London-Surrey 100 events among others. All three main events were great successes; visit page six for more information.

Our June regional week went very well under the direction of Tina McKinstry and all of our regional supporters. Thanks to all who turned up to have fun at the various activities.

Our 20th Anniversary Family Weekend was great fun with many new and older member families attending and benefiting from this annual MACS experience. Find out more on page eight.

Over 16 exhibitors plus guest speakers took part in the AGM, providing members with access to a host of information and services. We were also pleased to welcome Robbie Crow, Teresa

Gordon and Raf Galdeano to the team as Trustee, Observer and Ambassador respectively. Thanks to all three for their input.

The success of the Family Weekend was swiftly followed by another wonderful event celebrating 20 years of MACS at The Speaker's House in Westminster. I am grateful to Gary Murphy for organising this event and to all those who volunteered their time to take part.

Despite all the positive news, the year has also been tinged with sadness because Lynda Rhodes has stepped down as trustee. I would like to thank Lynda on behalf of MACS for the wonderful support she provided to many of our members. Lynda will always be part of MACS and a friend to many and we all wish Lynda and her family well.

The next six months will see further changes as plans to forge ahead with the charity's incorporation take shape and we take on the newly agreed charity name of Microphthalmia, Anophthalmia & Coloboma Support.

I look forward to another challenging and exciting six months.

Barry

MACS Chair

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Who's who at MACS?

We'd love to hear from you, so please get in touch with any questions!



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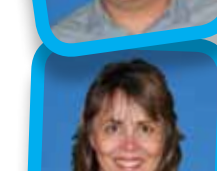
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Update:

MACS is sorry to inform you that Jim Dickson is no longer able to support members via welfare benefit advice. We thank Jim for the long and committed service he has provided to MACS and wish him well in his forthcoming sabbatical from his work. While we source another volunteer, please make use of services provided by organisations such as Blind Children UK.

Competition!

Win two tickets to MACS Ball!

Nick Bitel, Chief Executive Officer of London Marathon Ltd has generously donated two tickets to enable members to attend the **Roaring Twenties Ball on Saturday 18 October at The Brewery in London**. If you would like to be in with a chance of winning, please email your answer to the following question to **victoria@macs.org.uk** by **Friday 19 September**. You will find the answer somewhere within this issue of Focus.

Question: How much has MACS raised from charitable trusts and foundations?

All correct answers will be collated and a winner drawn at random.
Thank you to Tim Lupton for arranging this donation.

Mailing address:
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152 City Road, London, EC1V 2NX
macscharity
macsthecharity
Web: www.macs.org.uk

Say hello to our new MACS members!

Amber Clarke was born in April 2014 to parents Liam and Samantha from Cornwall. Amber is bi-lateral Anophthalmic.

Five month old **Benjamin Abbott** has bilateral Microphthalmia. He lives in Hertfordshire with parents Liz and Joshua.

Jack and Karen O'Connell from London had their son **Dylan** in November 2013. He has bilateral Microphthalmia and bilateral Coloboma.

Little **Aurora Eaton** was born in April 2014 to Aaron & Jodie from Ipswich. Aurora has right eye Microphthalmia.

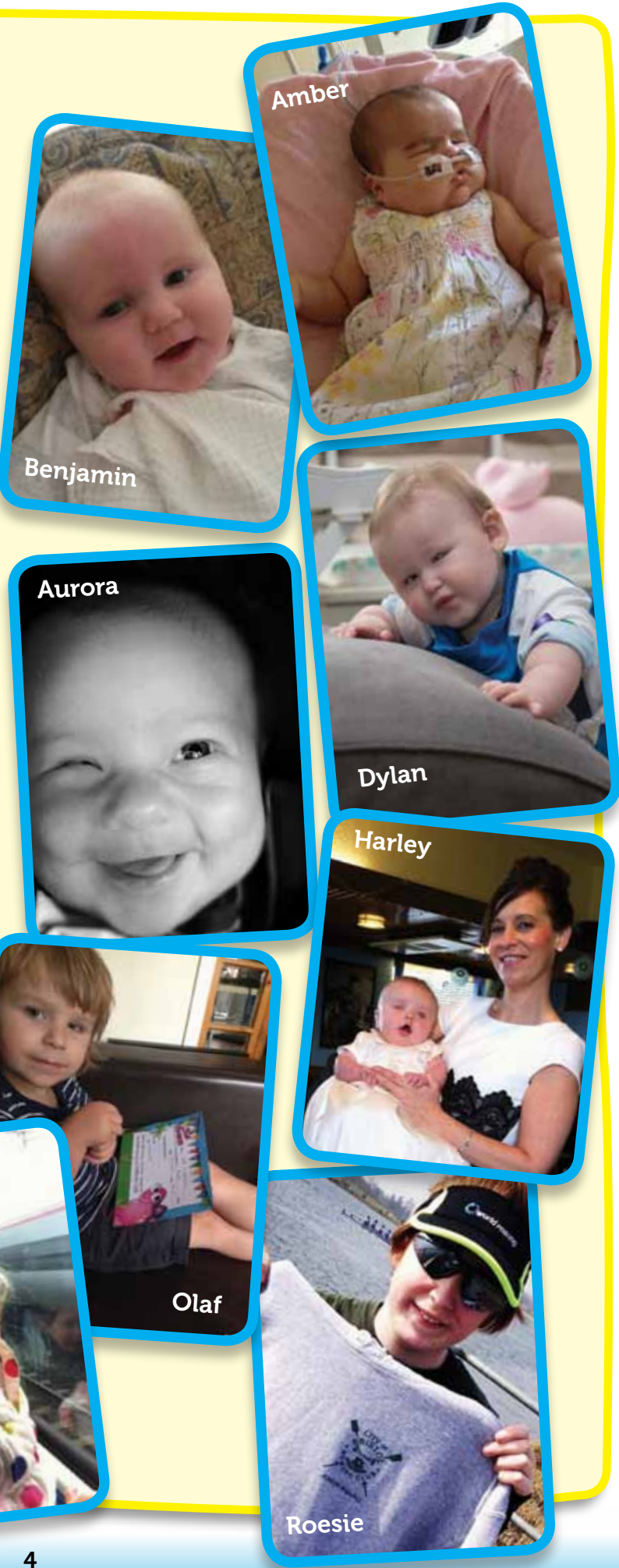
Harley Beasley's grandmother Amber joined MACS after he was born in June 2013 with Anophthalmia and Microphthalmia. The family are from Grimsby.

Thomas Skelton also lives in Grimsby with his parents Tracey & Lee. Thomas was born with an Anophthalmic left eye in October 2012.

Evie Mae Mulholland was born in May 2012 with bilateral Colobomas and Microphthalmia. Her parents Tim & Vanessa live in Swanage.

Olaf Spitz from London was born to mum Agnieszka in Oct 2011. Olaf has a Microphthalmic right eye.

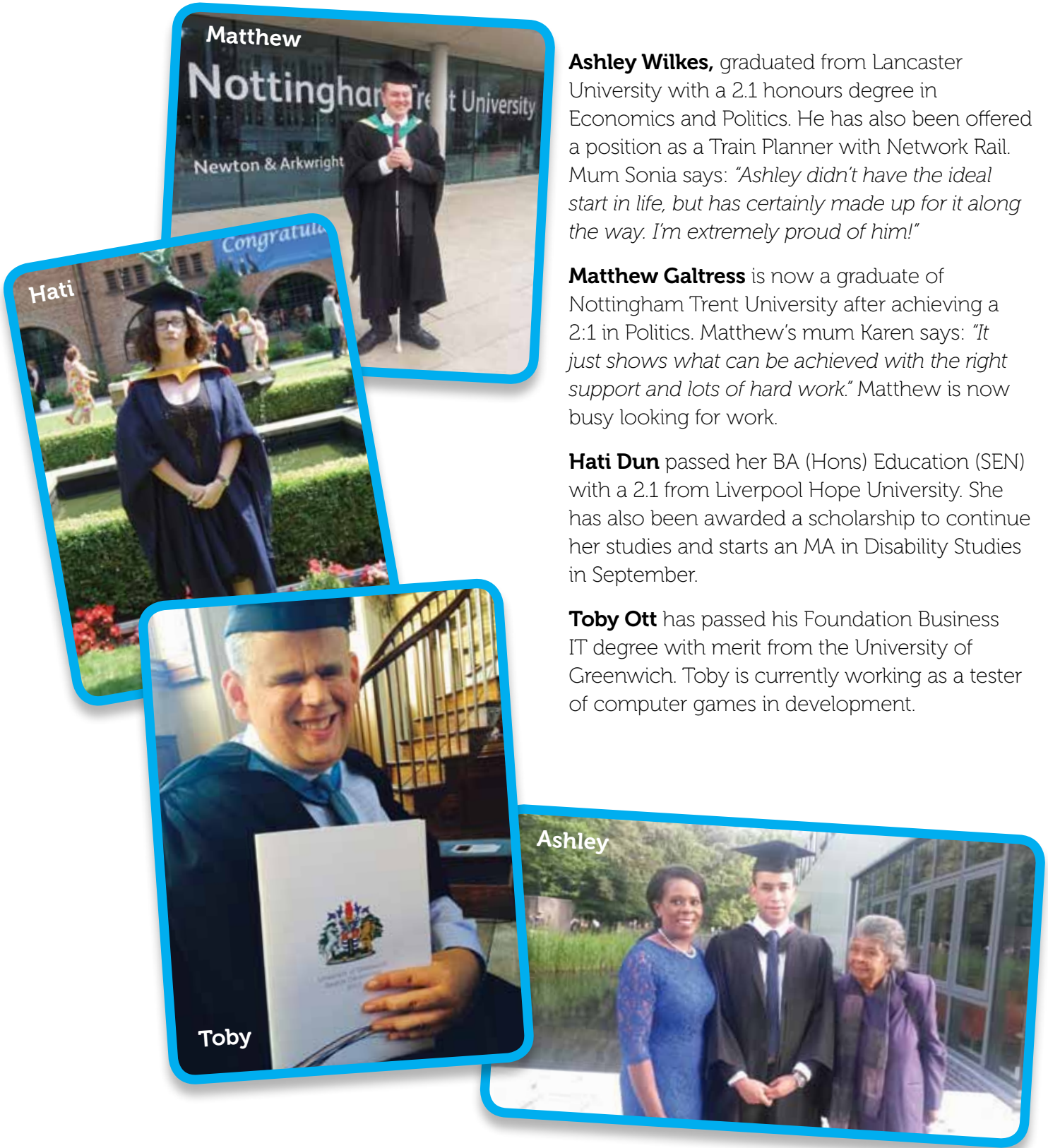
Fourteen year old **Roesie Percy** lives in Bristol with her mum Angela. She has bilateral Microphthalmia and Coloboma.



MACS graduates

When children are born with sight and health problems, it can be difficult to look ahead to a positive future. Being part of MACS however, means that we get to see at first-hand how children can and do meet their individual potential whatever their level of sight or other issues. We feel incredibly proud of all their achievements, whatever they might be.

In this issue, MACS is highlighting the remarkable successes of some of our young adult members this summer. **Congratulations to them all!**



Ashley Wilkes, graduated from Lancaster University with a 2.1 honours degree in Economics and Politics. He has also been offered a position as a Train Planner with Network Rail. Mum Sonia says: *"Ashley didn't have the ideal start in life, but has certainly made up for it along the way. I'm extremely proud of him!"*

Matthew Galtress is now a graduate of Nottingham Trent University after achieving a 2:1 in Politics. Matthew's mum Karen says: *"It just shows what can be achieved with the right support and lots of hard work."* Matthew is now busy looking for work.

Hati Dun passed her BA (Hons) Education (SEN) with a 2.1 from Liverpool Hope University. She has also been awarded a scholarship to continue her studies and starts an MA in Disability Studies in September.

Toby Ott has passed his Foundation Business IT degree with merit from the University of Greenwich. Toby is currently working as a tester of computer games in development.

Sporting challenges

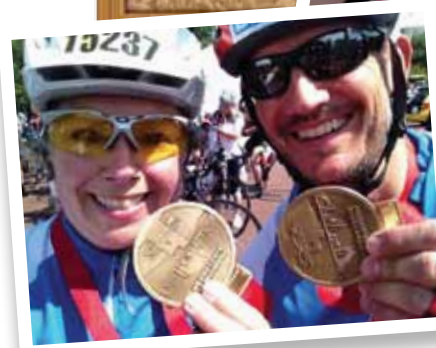
It's been a bumper year for fundraising events so far with a major presence by MACS supporters in the Brighton and London Marathons and more recently the Prudential RideLondon-Surrey 100.

With Kaja and Charlotte now at the helm for sportives like these, the support and communications offered to our sporting event fundraisers has now stepped up a gear. It's obviously appreciated as the following comment shows!

"I thought the support and information provided were invaluable and actually looked forward to the emails every week. Thank you."

"I'm so pleased to be running for MACS. It's a great charity with a fantastic team of people who have given tremendous support and communication throughout my marathon journey."

We are incredibly grateful to all those, including many wonderful MACS members, who participate in these kind of challenges for MACS. Our marathon runners and cyclists were certainly tested by some weather extremes this year, running on one of the hottest days of the year and cycling in torrential rain and thunderstorms! **Well done to you all!**



MACS was extremely saddened to hear that one of our cyclists, Bob Cooper, suffered a stroke while training for RideLondon and later died in hospital. Our thoughts remain with Bob's family.

Bob was a keen cyclist and to honour him, a number of cyclists chose to ride with the words 'For Bob' written on their vests.

MACS partners with Blind Children UK



Over the past year, MACS has been working hard for the benefit of its members to build a positive partnership with

Blind Children UK. Blind Children UK has a wealth of experience in providing educational advice and support to parents and we are delighted to announce that members now have formal access to the Educational Support Team and related services via a MACS referral route.

As part of the partnership, members will benefit via:

- access to telephone advice and support on any issues related to all stages of 0-18 education and further/ higher education
- information on children's educational rights and signposting to the relevant local services
- information about new legislation and its impact on children
- access to assistance and advice in completing applications or appeals and direct assistance in tribunal cases where appropriate.
- onward referrals to a range of other Blind Children UK services if required such as habilitation.

MACS chair, Barry Sticking says: "Many MACS members have concerns about the educational needs of their children. I am pleased to be working so closely with Blind Children UK and strongly encourage members to make use of this partnership."

Wendy Rankin, Regional Director of Mobility Services at Blind Children UK, added: "We are delighted to be working with MACS. Blind Children UK is dedicated to helping children and their families tackle the challenges of sight loss. By working together we can help children and young people be all they can be and live as independently as they can."

How to access services.

1. Email education@macs.org.uk with details of the issue at hand and method of contact. This information will be passed on to Blind Children UK who will be in touch within five working days to discuss your needs.
2. Call the Blind Children UK Support Line directly on **0800 781 1444** stating clearly that you are a MACS member. **Hazel Russell**, Family Support Co-coordinator, is your specific point of contact.

New Research Co-ordinator for Professor Nicky Ragge's Research Study



Suzanne (Suzie) Broadgate is Professor Nicola Ragge's new research co-ordinator for the Genetics of Eye and Brain Anomalies study and is supported by MACS. Suzie has several years' experience researching the genetic cause of

eye problems and the genetic control of brain development. Her research interests include the genetics behind eye development and disease. She is now planning to contact families enrolled in the study to inform them on progress, and to update some of the details for our records.

Suzie says: "I am really looking forward to getting to know the MACS families, explaining about the genetics research study, and how this could help their family achieve a greater understanding of their condition."

Please find more information at this link <http://bms.brookes.ac.uk/research/groups/cellandmolebio/eyedevlopment/>. You can contact Suzie if you have any questions or are interested in participating in this study at sbroadgate@brookes.ac.uk, or by phone on **01865 484413**.

Celebrating 20 years of MACS!

MACS was eager to mark its 20 year anniversary milestone and celebrate how far we have come. Commemorations took place at the annual Family Weekend in May and via a rather prestigious reception at the Speakers' House at the Palace of Westminster!



Family Weekend

A total of 97 families experienced the Family Weekend at the Park Hall Hotel, enjoying good food, entertainment and the chance to socialise with other MACS members and families.

We invited an even wider range of exhibitors to the AGM this year, enabling members to get a really good sense of the services and products available to support blind and visually impaired people.

This year's speakers were also well received and we would particularly like to thank members Sonia and Geoff Wilkes and Becky Hardisty for sharing their personal experiences.



A new activity arranged for children and young people this year was the song writing session delivered by the *Nathan Timothy Foundation*. Those taking part thoroughly enjoyed the chance to work with professional music makers and to write the MACS anniversary anthem! You can listen to the song by visiting our website at <http://www.macs.org.uk/news-and-events/>.

Our anniversary was truly celebrated in style on Saturday night with a formal dinner and dance, featuring a 'win a diamond' game and a surprise fireworks display!

"It gives us family time within a setting that so accepting and so much fun!"

"Never fails to help and inspire. A tonic to us all."

Westminster Reception

Thanks to the support of patron The Rt. Hon David Blunkett MP, MACS was honoured to be allowed to host a special reception at the Speaker's House at Westminster on Monday 9 June 2014.

Our guests, including members of the charity, health professionals and supporters, were treated to spectacular views overlooking the River Thames from the comfort of beautiful rooms, adorned with fantastic historical portraits of past speakers of the House of Commons.

MACS' Chair Barry Stickings spoke about the charity's history; how a small parent support group has blossomed to become a charity with over 550 member families accessing a wide range of services and support.

Barry also the results of a recent member survey which has pinpointed key facts about the poor diagnostic processes involved when identifying MACS conditions. We hope this information will lead to a campaign aiming to address these issues and providing recommendations for achieving better outcomes via improved tests at birth.

David Blunkett shared some of his own personal experiences of being born blind, his memories of MACS starting out as a small charity and also spoke of his pleasure in seeing MACS grow over the past 20 years.



Our final speaker was Coral Murphy, mum to Ollie. Coral took us on an emotional journey, sharing her distressing experiences following Ollie's birth and during the lonely first few months before his eventual diagnosis. You can read Coral's speech by visiting our website at <http://www.macs.org.uk/stories/> under the heading Ollie's story.

MACS is grateful to all those who attended the reception and who have supported its work over the past 20 years.

Member contributions

Hati scales the heights!

In March 2013, I started para-climbing with *OnThisRoc* after reading about it in a disability magazine. Since then, para-climbing has been a positive influence upon my life and over the past year I have been training on a weekly basis alongside world-class para-climbers from the GB para-climbing team. This has not only improved my confidence, but allowed me to develop effective communication skills when working with other VI para-climbers.

In March this year, I was delighted to be chosen for my first para-climbing series, starting later that month at *The Castle Climbing Centre*, London. *The British Mountaineering Council* (BMC) para-climbing series is a domestic three-round series, which has become a well-established part of the BMC competition calendar, supporting a wide range of disabilities and providing disabled climbers, from beginners to elite athletes, the opportunity to climb in a competitive environment.

During competition, climbers are categorised based upon their disability.



Climbers must then complete three boulder problems, followed by three top rope problems. However, climbers in the visual impairment category are eligible for a sighted guide.

At the end of the series I was thrilled to be ranked 4th nationally in the visual impairment category – pretty good considering it is my first year climbing!

MACS is helping me to continue my training through a grant, and I hope I will be able to compete in the BMC para-climbing series again next spring and improve my national ranking.

Without the support from MACS, continuing to climb while also studying for my MA in Disability Studies would be difficult, particularly due to the additional training and travel costs during competition season.

Hati Dunn

Disney Parks Audio Descriptive Service

Whilst on holiday in April this year I tried out the audio description service that Disney has been offering to guests who are blind or have a visual impairment.

I was provided with an audio descriptive device like an iPod and after all its functions were fully explained to me, off we went. As we walked along it automatically explained all that was around me and even where the toilets were!

Even more amazing was that while wearing it on a ride, it told you all about what the ride was doing which made a big difference. It also explained shows and told you where you were as you entered all the different worlds within the park.

This is an excellent way of getting around and helping you to fully enjoy what the entire park has to offer. It had some teething problems and did not explain all of the rides and areas, but Disney staff told me it was being updated all the time.

So, if you get the chance to go to any Disney Park in America, ask for this. You just leave a deposit and drop it off at the end of the day.

This link will show you all the information about where to get the AD device and what rides and attractions it works at www.disneyworld.disney.go.com/guest-services/visual-disability-services/

Toby Ott



Raf's trip to India

Last summer I was lucky enough to go to World Guiding Centre-Sangam, in Pune, India for three weeks. We did loads of fundraising to pay for our flights, accommodation, a course called *Realising your Potential*, as well as a trip to the Golden Triangle. Every day was busy with yoga, meditation and community work with local women and children. We either helped provide childcare so the mothers could work or worked with the young girls to teach them basic health and hygiene, and empowerment.

I was lucky enough to visit The Pune School for the Blind, where children with sight issues live as their families are too poor to care for them. The children are taught skills that will help them get a job in the future and if they can't live independently, they stay on there. Everything was so basic, with no technology to help, yet all the children were happy and well-cared for. Life in India is so hard for many people, with evident poverty everywhere, yet everyone was happy, pleased to help and proud of their nation.

Sadly after 10 days we left Sangam, but I plan to go again for three months in my gap year. We then flew to Mumbai to visit the Golden Triangle. I never believed I would ride an elephant, or ride a camel, or see the Taj Mahal... but I did!

Raf Galdeano



Ark Open Farm

MACS families from Northern Ireland had their second meet up at the Ark Open Farm. Five families had the chance to meet up again and some families were meeting for the very first time. The kids loved having a private tour of the animals and they got to hold a very cute little fluffy chick. The little lambs were a great source of entertainment and they enjoyed getting bottle feed by the MACS children. The highlights were the basket of cute puppies and some very nosey but friendly pygmy goats.

The farm had a super park where everyone big and small had a chance to play, the mums and dads had a great catch up and the kids enjoyed a few hours of sunshine with their new friends. Everyone is looking forward to the next event.

Michelle Bateson



The Hornbrook Family do Cornwall



What a week we had in April at MACS' caravan in Mullion Cove, Cornwall; the weather was glorious with full sun every day!

There is so much to do around Cornwall. One day Marla and I went pony trekking at Bosvathick Farm, Constantine. I had booked this in advance, as I had to explain Marla's disability and of course she would need to have a leader. It was an impressive route, through woodland and farm tracks, all with the spring sunshine on our backs. Later that day we drove to St Eval near Newquay where Julian and Richard went go-karting. Wednesday, we were all up at the crack of dawn on a pre-booked trip to the Isles of Scilly – what a wonderful, hidden treasure of a place, sub-tropical temperatures, palm trees and white sandy beaches!

Our other days were taken up with cliff top walks to Mullion Cove, Lizard Point and a trip to the Eden Project, again excellent day out, which we had booked using our Tesco Clubcard vouchers.

The entertainment at Park Dean was superb, especially the comedian John Clegg – who I have just seen on TV on *Britain's Got Talent*.

This was one of the best holidays we have had for a long while, thank you very much MACS.

Sarah Hornbrook

Anophthalmic and Microphthalmic volunteers wanted for magnetic resonance studies of the brain

Over the past few years, Holly Bridge and Kate Watkins have been investigating the reorganisation that occurs in the brains of people who are bilaterally anophthalmic. They are interested in what happens to the brain areas that usually process visual information. Using MRI brain scanning, and have found that some of these regions respond to many different kinds of sounds and some respond in particular to spoken language.

We are looking for healthy volunteers with bilateral anophthalmia (or microphthalmia) to improve our understanding of how the brain processes information when there is no input to the visual system. In particular we would like to investigate how your brain uses the areas that are normally used for seeing. The study would consist of up to three MRI scan sessions of around one hour. You would be asked to lie still in a scanner and perform some simple tasks like listening to tones, touching objects or generating words.

MRI is a type of brain scan that allows us to see how the brain is organised, processes information and performs skills like vision, speech or memory. This scan is safe and does not involve any needles or injections.

Who are we looking for?

Healthy fluent English-speaking men or women with bilateral anophthalmia aged 18-60 who do not have any metal in their head or body (except fillings), are not pregnant, have not had surgery in the past three months, and do not have any metallic implants (e.g. a pacemaker).

If you are interested and would like more information please contact **Dr Holly Bridge** at the FMRI Centre, John Radcliffe Hospital on **01865 222716** or **holly.bridge@ndcn.ox.ac.uk**.



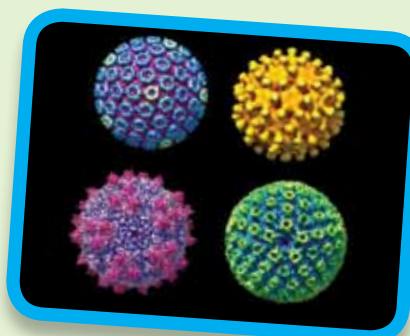
Miniature to Massive: A new 3D exhibition in London

The miniature world of cells and viruses will be brought into 3D this November, as part of the British Bioscience Festival at the Museum Gardens in Bethnal Green, London. Oxford Brookes University will be curating an exhibition from 14 to 16 November, which will encourage blind, visually impaired and other visitors to touch, hold and learn about the world of microscopy. Their display will be one of many in this festival celebrating 20 years of the Biotechnology and Biological Sciences Research Council (BBSRC).

Using a series of slices taken from a microscope, scientists at Brookes have compiled these slices to print out replica models of the various

systems they study. Scientists will be on hand throughout the exhibition to chat to visitors of all ages and reveal the magical world of microscopy in this fully tactile display. The exhibition is free and open to all but booking is required for groups.

For further information or to book a group visit, please email **Milly Farrell: millyfarrell@brookes.ac.uk**



Human viruses

Thanks from our members



Thank you very much for my trike. I have called her Lila. I love going on my trike, my sister Olivia rides her bike and we have races! I Love my trike and I love MACS, you're the best.

Abigail Pike (Age 9)

Just thought we would say how much Ben loves his Whirlpool bath. He swims up and down splashes and laughs. He is in there for ages and longer (if we would let him!) He wasn't confident at first on his own and needed his Dad with him but he is well and truly as happy as Larry now. Thanks to MACS for funding this for Ben and for granting it because it will provide him with so much sensory fun. **Gav Waugh**

Thank you MACS so much for amazing sensory toys for Mia Rocket. We have just returned from holiday and she has been lying by her bubble tube listening to music for the past two hours. She doesn't want to move! So so happy! Absolutely magic... Thank you so much.

Fran Condry



Thank you so very much for your kindness and generous help. Florence's bike arrived and she absolutely loves it. Florence loves the speed, the wind in her face and is so thrilled to finally be able to bike ride with her family. **Pip Heffer**

Thank you so much for Naomi's telephone. She thinks it's brilliant and loves to use it and call her friend. The first time she used it she went into giggles! **Gill Tyson**

My name is Dan and I was born with Microphthalmia. MACS has helped me and my family in so many ways. Last year I needed a new bike so MACS very kindly said they would get me one. Since I've got older I have unfortunately started to have balance problems and mini seizures. I was worried about a normal cycle so MACS got me a wonderful three wheel trike which is big and yellow. I am really thankful to MACS for my trike and for all you have done for me over my 20 years as a MACS child / adult.

Dan Davis

Thank you very much for letting me and Sophie go sailing. I really enjoyed myself and made lots of friends. My best thing was learning how to tie a rope on a boat. **Jessica Boorman**

We can't begin to thank you for the wonderful sailing holiday that Jessie and Sophie were able to go on. It was a truly amazing experience for them both. Jessie has gained a lot of confidence in being more comfortable with her eye condition and knowing that there are plenty of others in the same situation.

Lydia and Steve Boorman

Thank you to MACS, Aiden is made up with his next generation braille which arrived today. Aiden is aiming to write a series of books like Harry Potter (he's currently on book 3), over the summer.

Jon Preston

Emily is really pleased with her braille note and is so excited that she can use it at home anytime she wants.

Kevin Rex



Dates for the diary

18 October: MACS Ball, The Brewery, London. Contact: barry@macs.org.uk
23 November: North Christmas Party, Leeds. Contact: tina@macs.org.uk
7 December: Special Santa train ride, Nene Valley Railway Contact: hannah@macs.org.uk
13 December: South Christmas Party, Wokefield Park, Reading. Contact: suzanne@macs.org.uk
19 December: Dick Whittington, Manchester Opera House. Contact: tina@macs.org.uk
2 January 2015: Snow White, Manchester Opera House. Contact: lisapreston@macs.org.uk
3 January 2015: Sleeping Beauty, Princess Theatre, Torquay. Contact: jenny@macs.org.uk
3 January 2015: Cinderella, Glasgow SECC Arena. Contact: emmasteven@macs.org.uk
3 January 2015: Cinderella, Mayflower Theatre, Southampton. Contact: suzanne@macs.org.uk
25 March 2015: Calamity Jane, Palace Theatre, Manchester. Contact: tina@macs.org.uk
30 April 2015: MACS Family Weekend, Chorley. Contact: jenny@macs.org.uk
Further seasonal events will be on offer, so watch this space and check our Facebook page at www.facebook.com/macscharity

All about fundraising from Charitable Trusts...

Kate Delaney has been asking charitable Trusts and Foundations to support MACS work for the past three years and in that time has raised a total of £185,000. Here she tell us more about what's involved.

Trusts can vary greatly in what they like to fund, some are small family trusts where they choose to give money in this way due to it being more tax effective, some are almost like large companies – think Children in Need or the Big Lottery. How we write to them, and what we say, varies as to how they are set up and what they tell us their priorities are.

We are fortunate that the work we do seems to strike a chord with those who look at our applications. Generally (sadly!) we get turned down, but this is quite normal, trustees receive many hundreds or even thousands of letters from charities every year, and of course can only fund some of those who apply.

The key to our success lies in the fact that we can often ask for specific projects, for example our sailing trips and activity weeks. Most ask us to tell us how we got on afterwards. Reporting back to trust funders on what we did with their money and what it meant to our MACS families is probably the most important part of the job. By explaining how their money made a real

difference we can then encourage these trustees to keep giving. We now have some trusts who have given to us every year!

The support of MACS families is vital in attracting funding from trusts, without personal stories, information on how our activities have gone, and quotes from the young people involved we really couldn't attract this many donations – so a huge thank you to all of you who fill in our feedback forms – **we couldn't do it without you!**

Thanks to our fundraisers

MACS would like to thank all those who have fundraised for us so far this year including:

- Oscar Harris who ran the Loch Ness marathon
- Claire Croft who arranged match funding of over £1,500 via her employers
- Inner wheel Club • The Bale Family
- City View Pre School • James Legal LLP
- Lorraine Elliot • Heathersett Academy
- Graham Lee Associates • New Law Solicitors
- Graham Judge
- Codsall Townswomen's Guild
- Manor Way Lodge • Women in Business Hull
- The Woodward Family • The Tandy Family
- The Walton Family
- Panteg Women's Institute • Valcross Singers
- The Wolstenholme Family

British Blind Sport

Our Purpose

- To be the leading voice for people who are blind or partially sighted (together known as Visually Impaired) across the UK in sport and recreation, advocating and influencing the provision of sport, recreation and leisure activities in the interests of social welfare to improve quality of life

Current Disability Sport engagement / delivery

- BBS offer expertise and endorsement from a visual impairment perspective through engagement with partner National Governing Bodies of Sport to enable inclusive provision through club structures, education of coaches, national delivery programmes and interventions

What we do

- BBS is a Charity that provides domestic and international sporting opportunities for people with a Visual Impairment (VI)
- We share news through our Vision magazine (2 x per annum), our monthly eNewsletter, website and social media (Twitter/Facebook)
- We provide Individual Membership & Sight Classification for competitive domestic and international athletes and offer free Subscription benefits
- We are the IBSA (International Blind Sport Association) UK Representative
- Offer Club Affiliation facility for signposting, support and awareness
- Deliver Have-A-Go-Days/Come & Try Sessions for those new to VI sport
- Fundraise to support BBS and our Specialist Sport Sections
- Work to increase sustainable participation by connecting with National Governing Bodies of Sport Programmes & Interventions to engage the VI Community



A VISIBLE DIFFERENCE THROUGH SPORT

- Connect to the wider sports development sector
- Deliver a programme of VI sports events

BBS Specialist Sports Sections:

Archery – Athletics – Football – Shooting – TenPin Bowling

Connectivity with other Sports:

Boccia – Goalball – Golf – Ice Skating – Taekwondo – Judo – Sailing – Rugby – Cycling – Swimming – Tennis

Through the work we do we look to offer:

Engagement - work with partners who provide services to visually impaired people within sport to ensure access and connection to the VI community

Expertise - offer VI expertise, sporting knowledge and support to partners and key organisations

Endorsement - give approval to events and programmes that we know are VI friendly

For more information please contact:

Phone: **01926 424247**

Email: info@britishblindsport.org.uk

Or:

sportdevelopment@britishblindsport.org.uk

or **07792 710570**

Web: www.britishblindsport.org.uk



Micro & Anophthalmic Children's Society

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